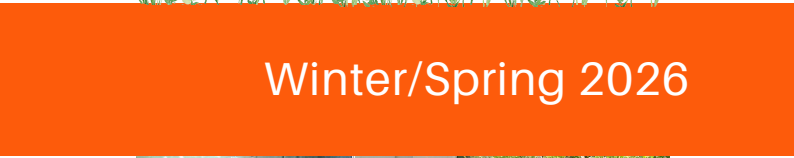




The Old Vicarage
Allithwaite

**WELCOME TO OUR
WINTER/SPRING NEWSLETTER**

As winter gave way to the fresh arrival of spring, we have enjoyed many fun filled days with celebrations ranging from St Patrick’s Day, a salute to Robbie Burns, Valentine’s Day, Mother’s Day, and finally, Easter — that is quite a line-up of festivities! In this newsletter you will see some fabulous photographs as a record of our nod to all things interesting and above all, fun!



THAT’S ENTERTAINMENT!

Alice has been busy booking entertainers—and they have been a big hit with residents and those attending our Day Care Service.

Folksy Theatre travelled all the way from Newcastle to perform their musical ‘All the Girls’, and we were excited to welcome a new singer, Tom Collins from Blackpool. Tom will also be performing at our BBQ on 12th June! Plus, our monthly music sessions with Keith Redfern have kept the energy high.

As part of the Activities Programme, Alice is always searching for new acts and fun ideas using Oomph software (part of our PCS system) to find fresh inspiration and record how much everyone enjoys the events and which activities are most popular.

You will find some lovely photos of these events in this newsletter!



THE OLD VICARAGE PRESENTS A
MAGICAL SOLO PERFORMANCE
BY TOM COLLINS



MONDAY 30TH MARCH 2026 AT 2 PM

A MESSAGE FROM SUE



We have been busy ensuring our team is fully prepared and confident through comprehensive Fire Training—part of our ongoing commitment to care, safety, and compliance. It has been a season of growth, too, with four wonderful new faces joining our team. I am delighted to see them settle in so well and becoming part of our small but friendly care home family. Our Day Care Service continues to thrive, with new faces bringing joy and energy to our residents and staff alike. It has been a positive start to the year, and with suggestions from our Residents and Relatives meetings, I hope to implement some forward thinking changes in the future.



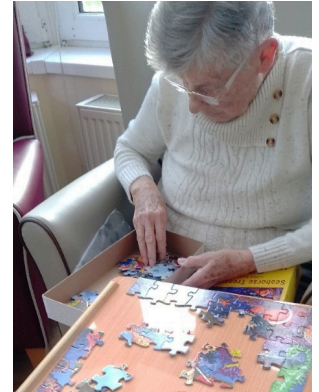
JANUARY 2026

January is often a quiet month after the sparkle of Christmas, but thanks to Robbie Burns, we soon found a joyful reason to celebrate! Making and enjoying Cranachan while reciting the Scottish bard's timeless poetry brought laughter and warmth to our days.

Alongside these celebrations, we enjoyed some creative 'magic painting,' refreshing smoothie making, and plenty of fun games, keeping spirits bright as we embraced the new year.

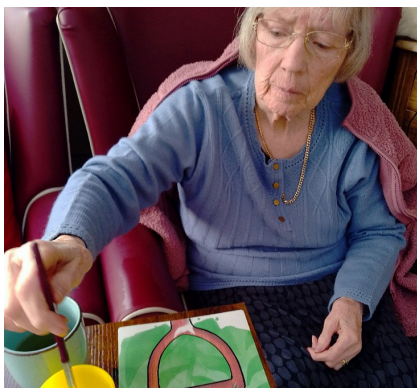
See below some lovely photos of these activities.

We always celebrate the birthday the great Scottish bard, Robbie Burns, and with poems and the making of Cranachan, which Fred most definitely enjoyed! To cap it all, we had a really good old sing along to Auld Lang Syne.



➤➤➤ The 'magic painting' activity has proven to be very popular, as you can see from the expression of Eileen in the photo above. We think the designs were magical.

➤➤➤ Sylvia enjoys all of the art activities on offer and can be seen here enjoying creating a stained-glass design. Anne just loves a jigsaw.



Angela, Jean, and Joan enjoying the 'Magic Paint' activity



FEBRUARY 2026

We celebrated Valentine's Day with a lovely blend of love-inspired music by Steve Low and a specially curated menu that delighted everyone! As the following quote says,

'Music is the language of the soul—it speaks where words fail, stirs emotions when silence lingers, and finds its way straight to the heart.'

Adding variety to our musical journey, the talented solo violinist Rebekka Poffley enchanted us with a beautiful classical set, bringing a touch of elegance and magic to the month.

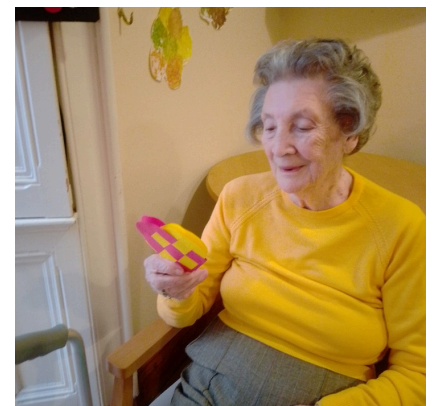
We enjoyed a great day when violinist Rebekka Poffley came along played a classic set of music known by many. And Steve Low returned to sing many songs from yesteryear.



»»» Anne enjoyed making some lovely paper daffodils to celebrate the advent of spring! We think the daffodils look wonderful.



»»» Alice has introduced 'Resistance Band' exercises, which have gone down well Sylvia and Jean. A little bit of exercise is always a good thing, so try not to resist!



Pictured are Anne cleaning brasses, Eileen enjoying a game of dominoes and Ena admiring an origami heart.



MARCH 2026

For St Patrick's Day, some of our residents brought extra fun to the celebration by donning playful eye masks as they sang along to a wonderful collection of classic Irish tunes, filling the air with joy and laughter.

We also enjoyed a special memory box activity from The Royal Mint Museum, where residents explored the charm of pre-decimal coins. Many fondly recalled their experiences with these silver treasures from their youth, making it a truly inspiring and nostalgic event.

To dive deeper into this memorable activity, please visit our blog page.

We love music at The Old Vicarage, so St Patrick's is a super day to enjoy lots of Irish ditties and to sing along with music from the likes of the Dubliners. To make it even more fun, decorative party eye masks made the celebrations even more fun!



➤➤➤ The Royal Mint Museum Memory Project was absolutely fabulous. To read more about this, go to <https://www.theoldvicarage.care/post/the-royal-mint-borrow-a-box-project>

➤➤➤ in preparation of the Easter celebrations, Eileen enjoyed decorating an Easter bonnet. We think she looks marvelous.



Armchair Ballet with Carla is always well attended as it is so much fun.

»»» BIRTHDAY CELEBRATIONS



SYLVIA CELEBRATED HER BIRTHDAY ON 6TH JANUARY

JANE CELEBRATED HER BIRTHDAY ON 5TH FEBRUARY



HAPPY
Birthday Jane
BEST WISHES FROM EVERYONE
AT THE OLD VICARAGE



JOYCE CELEBRATED HER BIRTHDAY ON 8TH MARCH



OUR NEW TEAM MEMBERS

The Old Vicarage team has seen some changes with the addition of some new staff members, and sadly some goodbyes.



The Old Vicarage
Allithwaite

We welcome Karen to our team!

We wish Karen lots of success in her new role as a Night Care Assistant.



**INTRODUCING KAREN OUR
NEW NIGHT CARE ASSISTANT**



The Old Vicarage
Allithwaite

We welcome Hilary to our team!

We wish Hilary lots of success in her new role as a Bank Care Assistant.



**INTRODUCING HILARY OUR
NEW NIGHT CARE ASSISTANT**




The Old Vicarage
Allithwaite

We welcome Julie to our team!

We wish Julie lots of success in her new role as Head Cook.




**INTRODUCING JULIE OUR
NEW HEAD COOK**



The Old Vicarage
Allithwaite

We welcome Alisha to our team!

We wish Alisha lots of success in her new role as a Senior Care Assistant.



**INTRODUCING ALISHA OUR
NEW SENIOR CARE ASSISTANT**

Of course new team members mean saying goodbye to others, and sadly we have said goodbye Denise (Head Cook) and Roberta (Senior Care Assistant). We wish them lots of success for the future.



NEW MENUS

Julie and Claire have now introduced the new Spring/Summer menu for 2026 which can be viewed on our website at <https://www.theoldvicarage.care/dining>

We also had two wonderful special menus for Valentine's Day and Easter Sunday as follows.



VALENTINE'S DAY MENU

MAIN COURSE

Pan fried Salmon with a light Watercress Sauce

served with buttered new potatoes and tenderstem broccoli

DESSERT

Fresh Strawberries and Cream with homemade Shortbread Hearts

A GLASS OF PROSECCO OR FRUIT JUICE

Coffee and Teas

served with chocolates



The Old Vicarage
Allithwaite

Easter Sunday menu

MAIN

Roast Lamb served with roast potatoes, buttered leeks & carrots

DESSERT

Lemon Tart

Prosecco or Fruit Juice

TEATIME

Celebrating Easter with a traditional Simnel Cake for a teatime treat




The Old Vicarage
Allithwaite

mother's day MENU

MAIN COURSE

Chicken wrapped in Ham served with mustard mash, petit pois, glazed carrots and cream sauce

DESSERT

Spiced Rhubarb Compote served with ice cream

➤➤➤ OBITUARIES

It is with much sadness that we inform you of the loss of Roy and Jeanne who attended The Old Vicarage Day Care Service. Our thoughts are with their families.



➤➤➤ OUR NEXT NEWSLETTER

Our next newsletter will be delivered July 2026, we hope! If you have any suggestions regarding the content of the newsletter, please email Karen at marketing.tovc@gmail.com



Please do not hesitate to contact Sue, our Care Manager, if you wish to discuss any element of our services. You can either email caremanager.tovc@gmail.com or call 015395 33703.

➤➤➤ OUR QR CODE

To view our website and to find out more about our care home, please scan the link opposite.

